

NEBRASKA CENTER FOR RESEARCH ON CHILDREN, YOUTH, FAMILIES & SCHOOLS

#### **Coaching in Early Intervention (CEI):** Promoting Outcomes for Infants/Toddlers with Disabilities through Evidence-Based Practices



## **Project Team**

#### University of Nebraska-Lincoln

- Lisa Knoche
- Rachel Schachter
- Gwen Nugent
- Susan Sheridan

#### Nebraska Early Development Network

- Part C Services for Infants/Toddlers with Disabilities
- Co-led by Nebraska Department of Education and Nebraska Department of Health and Human Services



#### **Project Goals**

Improve outcomes for *infants/toddlers with disabilities and their families* through the <u>refinement</u>, <u>implementation</u> and <u>evaluation</u> of a systematic and sustainable coaching system to reinforce the use of EBPs by local EI personnel, including direct service providers and services coordinators.



# **Project Objectives**

- Support and improve *infant/toddler developmental outcomes*;
- (2) Encourage and promote *use of EBPs* by local EI personnel;
- (3) Improve knowledge, skills and practices of sitebased coaches regarding coaching practice, data-driven activities and EBPs for site-based coaches;
- (4) Establish *sustainable coaching systems* at the state/local levels.



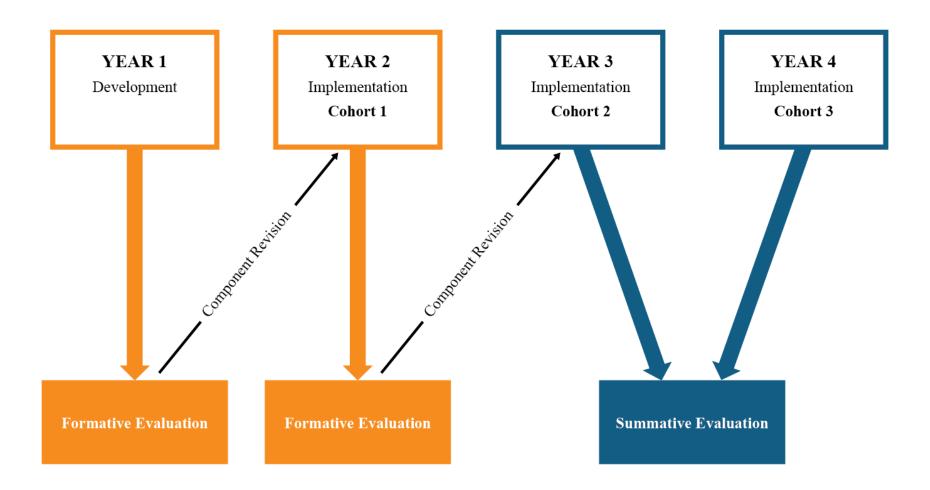


Map of planning regions in Nebraska

*Geographic Context* – up to 8 planning regions with urban/rural representation

- Educational Service Unit 2, Planning Region 2
- Educational Service Unit 10, Planning Region Team 10
- Papillion La Vista Community Schools, Planning Region Team 23





### **Target Population & Sites**

		Site-based Coaches	Early Intervention (EI) Personnel	Infants/Toddlers & Families
Formative Evaluation	Cohort 1	10	<b>40</b> (4 per coach)	<b>160</b> (4 per El)
Summative Evaluation	Cohort 2	20	<b>160</b> (8 per coach)	<b>640</b> (4 per El)
	Cohort 3	20	<b>160</b> (8 per coach)	<b>640</b> (4 per El)
		40	320	1280



## **Coaching Model**

#### Evidence-Based Coaching Practices

- Relationship-building
- Observation
- Goal setting/planning

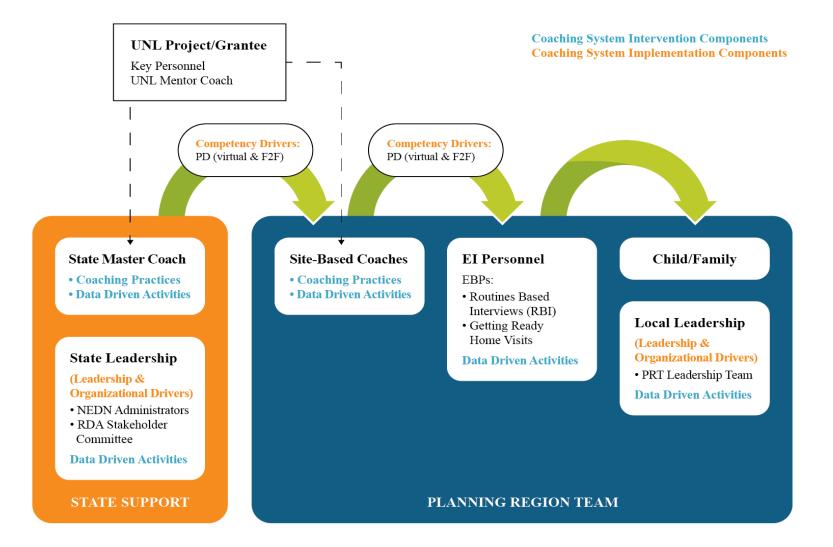
- Feedback
- Reflection
- Modeling

#### Data-Driven Activities

- Generation and use of high-quality process and outcome data
  - Process data = fidelity and social validity
  - Outcome data = Goal Attainment Scaling



## **Project Theory of Action**



#### Implementation Components

- Competency Drivers
  - Site Selection (i.e. readiness, site demographics)
  - Coach Selection (coach selection competencies)
  - Professional Development
    - PD for state-level coaches
    - PD for site-based coaches
    - PD for El personnel



## **Professional Development**

- State-level coaches
  - Initial 2-day training CEI model
  - Monthly, virtual, synchronous 60-minute one-on-one with master coach
- Site-based coaches
  - Initial 3-day training in EBPs; coach practices; data-driven activities
  - Monthly, virtual, synchronous 60-minute one-on-one with state-level coach
  - Virtual PLC bi-monthly (approx. 5 annually)



## **Professional Development**

- Early Intervention Personnel
  - 12 monthly coaching contacts with site-based coach
    - At least 4 contacts synchronous (virtual or in-person)
    - Asynchronous contacts (email, text messaging) used to reinforce joint plan



#### Implementation Components

- Leadership Drivers
  - Locally–based leadership teams created including administrators, supervisors, coordinators, parents and coaches
- Organization Drivers
  - Web-based data portal for data collection, management and reporting



## **Advisory Board**

- RDA Stakeholder Committee
- Members from participating PRTS
- State coaches
- EDN

Quarterly input



#### **Project Objectives**

- 1. Support and improve infant/toddler developmental outcomes.
- 2. Encourage and promote use of evidence-based practices (EBPs) by local early intervention (EI) personnel.
- 3. Improve knowledge, skills and practices re: coaching system intervention components and EBPs for site-based coaches.
- 4. Establish sustainable coaching system at state/local level.

#### **Performance Measures**

#### Outcome

- After 10 months of intervention, 75% of children will demonstrate consistent or positive progress as indicated by goal attainment scale relative to baseline.
- After 10 months of ongoing coaching supports, use of EBPs by 80% of local EI personnel will show positive improvement from baseline measures.
- After 10 months of ongoing coaching supports, 90% of El personnel will achieve fidelity on EBPs.
- After training, 80% of coaches will report improved knowledge of coaching system intervention components and EBPs.
- After six months of ongoing coaching support, 80% of coaches will obtain fidelity in coaching system intervention components.
- After three months of ongoing coaching support 90% of coaches will obtain/re-establish fidelity in EBPs.
- At the conclusion of year 4, up to three communities will have implemented and sustained a comprehensive coaching infrastructure.

