

1 year old, Cray, (born 1 month premature) started gagging/vomiting with most foods about 3 months ago. He now eats only yogurt, pieces of banana and small chunks of avocado. Can feed himself with a spoon but this is recent so not accurate. Drinks 20 ounces of milk from bottle. Medical reasons for food sensitivity have been ruled out. Anne (mom) is pregnant with second child and due anytime. Jay (dad) can work from home. Anne is a teacher.

<p>Opening and agreeing to agenda/outcome – Provider (P) finds out what’s new; what child is doing that is new/of interest; what if any are concerns; review of previous visit; agreement with parent about visit focus and corresponding outcome</p>	<p>P: “how are you feeling, Anne?”; A: “ready to have this baby!”; P: “ what’s Cray (C) been up to this past week”; A: “he learned how to knock on the window at the dog! But he hasn’t made much progress with eating anything new although we are eating together now instead of feeding him separately”; P: “I bet he likes that. What about trying small bites of mango like we talked about last week?”; A: “he picked them up and threw them on the floor”. P:”oh no! so what new food were you hoping to try this week?”; A:”I made spaghetti so maybe noodles?” P:” that sounds good and goes along with the goal – eating more of a variety of foods, right or were you thinking of a different one?”. A:”yes, the variety one I think”.</p>
<p>VC (videoconferencing)</p>	<p>P: “So, did you decide what camera to use, we had talked about your computer or phone? And can we hear each other? Maybe you can angle your phone a little more toward Cray so I can see his mouth?”</p>
<p>Parent-Child Interaction – parent has the opportunity to try strategies, show the provider what is going well or of concern, etc.</p>	<p>P: “what do you need to get ready?” A sets up food in bowl with child spoon, child in highchair, her seat in front of him, etc. P: “ok, will it distract you if I offer feedback while you are feeding him?”; A: “no, I’d prefer that as I don’t know how far to put in his mouth”; P: “try the side but toward the front”. A tries the noodle and P offers encouragement, affirmations and comments focuses on</p>

	placement.
VC	P: "let's move your phone so we can see each other and talk, what can Cray do while we chat?" A: "I'll give him a toy"
Reflect and Develop a Plan – encourage parent to think about what went well, what didn't and then make a plan with the provider as to what will happen in between visits.	P: "So, how did that compare to how you thought it would go?"; A: "he spit it out at first but then when you encouraged me to give him a quick bite of yogurt, he did swallow pieces and I was surprised". P: " Right, he moved the noodles with his tongue. What was challenging?" A: "Just being ok with the noodle being in there, I worry about him gagging but like we talked last time, it's getting better." P: "yes, it's slow but he's definitely less sensitive. What do you want to try this next week before we meet again?" A: "I think just introducing new foods at a mealtime" P: " and what do we think he'll be doing by next time?" A: " I want him to swallow a bite like he did here" P; " that seems doable. He might not do it every time but as long as you give the yogurt bites too, there's a better chance".
Closing- wrap up, make sure parent is comfortable with the plan and doesn't have any other questions.	P: "so, anything else you want to talk about today? You feeling comfortable with the plan of a new food at a mealtime followed by bites of yogurt to get him to swallow a bite?" A: "yes. I'd like us to touch base sometime before the weekend in case I have questions". Cray starts crying and A starts to clean him up. P: "Sure, I'll text you. What shall we address next time?" A; " do you have time at lunch?" P: "sure.

	Seems like he's done with this for tonight!"
VC	P: "How did this work for you, us being on cameras? Anything we need to do different?" A: "I think so but he's not as hungry at lunch so might not last as long." P: "we can always stop if needed and get him down on the floor". Cray cries harder and A says "better go".