



# The Nebraska Early Development Network

provides early intervention services for families with children birth to age three with developmental delays and/or health care needs and connects families to needed services.



**Make a  
Referral today!**



**Call Toll Free  
1.888.806.6287**

# Developmental Milestones

## 0-1 Years

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- Smiles when spoken to or smiled at, by 2 months
- Holds head up by four months
- Reaches to grab a toy by six months
- Makes different sounds like “mamama” and “bababa” by nine months
- Walks, holding on to furniture by twelve months

## 1-2 Years

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- Hugs stuffed doll or other toy by fifteen months
- Helps get dressed by pushing arm through sleeve by eighteen months
- Walks without holding on to anyone or anything by eighteen months
- Tries to say three or more words besides “mama” or “dada” by eighteen months
- Points to at least two body parts when asked by 2 years
- Eats with a spoon by two years

## 2-3 Years

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- Says about 50 words by 30 months
- Jumps off the ground with both feet by 30 months
- Notices other children and joins them to play by 3 years
- Says first name, when asked by 3 years
- Puts on some clothes, like loose pants or a jacket by 3 years
- Talks well enough for others to understand, most of the time, by 3 years